

7. Self control starts with self awareness. What two areas of life were suggested in the message for a self awareness inventory? How do they influence our disposition, direction and destination in life?

a. _____.

b. _____.



Making It Personal

1. What area of your life could use more self control?
2. How has this study helped you in understanding the need for greater self awareness in your life?
3. What changes, based on this study, do you need to make?

Looking Ahead

Next week's message examines the role wisdom plays when it comes to our relationships. Jon Korkidakis will be speaking.

Here are ways to connect further with us:

www.villagegreenchurch.com



Message Notes



Life Group Study Notes

Study based on
Proverbs
16:32 and 25:28

Message from Sunday January 19, 2014
Village Green Community Church
By Matt Loveday



This Week's Message

Living in a world full of choices can be difficult, especially when we understand that our choices carry consequences. So how can we translate what we know to be right into actions that move us closer to the life God is calling us towards? It's all about self control.



Study

1. Was there a key point from the message that you would like to discuss or expand upon?
 2. Read Proverbs 16:32. Why is it better to be patient than powerful? How have you experienced this in your life?
 3. Read Proverbs 25:28. How is a person without self control like a city with broken down walls? What role does self control play in protecting us?
4. In the message it was said that self control enables us to manage two things. Discuss and expand on each one.

Inner _____

Outer _____
 5. Read the following verses and discuss what each of them has to say about wisdom and self control.
 - a. Proverbs 4:23
 - b. James 1:2-5
 - c. 2 Timothy 1:7
 6. In the message it was said that where you most lack self control is where your life will be most threatened. Have you found this to be true in your own life? Explain.