10. How did Jesus demonstrate healthy anger? How does it instruct us about the role of anger and how it can be used to motivate us to live godly lives?



## Making It Personal

- 1. Would you say you tend towards healthy or unhealthy anger?
- 2. What frustrations are you presently experiencing that could potentially become kindling for anger?
- 3. What are some of the practical ways you can begin to incorporate this study into your life?

### **Looking Ahead**

Join us next week as we conclude our series on Proverbs. As we put the "pieces of life together" the way of wisdom has much to say about building a successful life. One rooted in the fear of the Lord.

Here are ways to connect further with us:

www.villagegreenchurch.com







# Life Group Study Notes

Study based on various Proverbs

Message from Sunday February 9, 2014 Village Green Community Church By Jon Korkidakis



### This Week's Message

In Part 6 of our series we look at a characteristic that can actually be quite fun. It can allow us to feel vindicated and justified. Yet with it comes a dark side, one that not only leaves others hurt, but also damages us in the process.



### Study

- 1. Was there a key point from the message that you would like to discuss, or expand upon?
- 2. From the message, what does the "Fall" have to do with wisdom and how it helps us to understand the character studies in the Book of Proverbs?
- 3. How can anger be "fun?" Why is it considered the fun sin of the seven deadly sins?

- 4. Read Proverbs 29:8 and 30:33. Take time to discuss the implications of each passage and how have you have experienced these personally? 5. What role does frustration play? How does it contribute to anger? 6. What point was made in the message about frustration? Discuss. What \_\_\_\_\_you will eventually vou! 7. What two points were given in the message about anger? a. When it \_\_\_\_\_\_: It \_\_\_\_\_ b. When it : It
- 8. What is the difference between healthy anger and unhealthy anger? How can you tell the difference?