



10. What do you believe are “God’s mighty weapons” that Paul is talking about (context should help give you the answer)

**Read Philippians 4:8**

11. When you survey the list given in this verse, which one stands out to you as the easiest and the hardest?

12. What were the two summary points at the end of the message?

a.

b.

Response - Practical Steps for Getting Unstuck!

1. Is your present thinking affected by:

a. Lies

b. Toxic thoughts

2. Incorporate one new thought into your life this week that builds positively and takes direct aim at something that has you stuck.

# Life Group Study Notes

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What happens inside our own heads can make all the difference in the world, both good and bad. The Scriptures are constantly prompting us to renew our minds as a means of not only growing in our faith, but in our overall health and welfare.



## Study – Discovering What the Bible Says?

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1. How do you react when you hear Christianity characterized as having to “check your brains at the door!”
2. Why have we lost the intellectual importance of our faith?
3. What were the four points given in the message about being stuck?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_

### Read 2 Corinthians 5:16-17

4. What are the contrasts between the old Paul and the new Paul? What should this teach us about the importance of protecting what influences our thought life?

5. Finish this thought and explain its significance:

Faith is not just a “salvation” event, but an \_\_\_\_\_

\_\_\_\_\_

### Read Romans 12:1-2

6. Finish this thought and explain its significance:

A renewed mind leads to \_\_\_\_\_

\_\_\_\_\_

7. Describe how Paul defines worship?

8. What does this passage teach us concerning God’s will?

### Read 2 Corinthians 10:3-5

9. What does Paul argue as the main focus of his evangelistic efforts? How is this different for the way we typically approach it today?