- 9. Of the five interviews, which one did you appreciate the most? Why?
- 10. How did this series challenge you with the premise that we have been created to thrive? Did you change anything in your life as a result of this series?

11. Is there something from the message/interview you want to discuss that is not included here as part of the study?

Response – Making it Practical

- 1. In what areas of your life are you thriving and where do you have room for improvement?
- 2. What do you believe God wants you to do this week as a result of this study?

You can access more messages on our sermon page at www.villagegreen church.com.

We're also on Facebook and iTunes. You can also check out the Pastor's Corner on our website or Jon's blog at jkorkidakis.com. Sermon Notes



Life Group Study Notes

In this final message of our *Created to Thrive* series we conclude with the topic of spiritual health, especially as it relates to the church.



This message is an interview with the Elders of the church and the

responsibilities they share for the spiritual oversight and well-being of the congregants.

As leaders, this candid interview will hopefully bring to light the role of the Elders and their insights on the ongoing spiritual care of people.

Study – Discovering What the Bible Says?

- 1. What is one nugget from last week's study?
- 2. During the interview, was there a particular idea or theme that was consistent in the answers you heard?
- 3. What answer stood out the most for you? Why?

- 4. Was there a statement, statistic, or idea that confirmed or validated for you something you have been personally struggling with?
- 5. Did the interview help motivate you to invest more thoughtfully to your spiritual well-being?
- Based on the interview, why is the topic of spiritual health especially important for those who claim to be Followers of Christ? (This may seem like a painfully obvious question but I am hoping you will dig deeper than a typical answer)
- 7. Did the interview give you insights into the role of the Elders at the church and the responsibilities they bear?
- 8. The series dealt with the five general areas of health. Summarize the five and discuss which one resonated most with you?
 - a. Intellectual well-being
 - b. Emotional well-being
 - c. Physical well-being
 - d. Relational well-being
 - e. Spiritual well-being