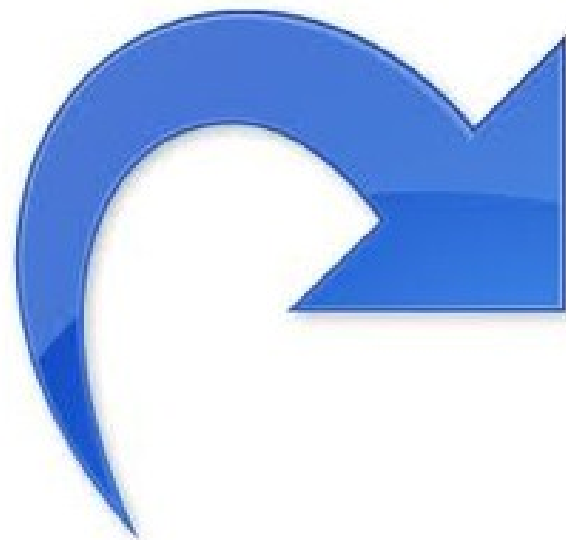


A 3D rendering of a compass with a green arrow pointing towards the words "LETTING GO" on a circular scale. The compass is silver and has a green arrow pointing towards the top right. The scale is a circular dial with tick marks. The words "LETTING GO" are written in large, bold, green letters across the top of the dial. The words "CONTROL" and "CONTR" are visible on the left and right sides of the dial, respectively, in a lighter, grey font. The background is a light, textured surface.

LETTING GO

Nevermind: When Letting Go is the Best Option



I know I distressed you greatly with my letter. Although I felt awful at the time, I don't feel at all bad now that I see how it turned out. The letter upset you, but only for a while. Now I'm glad - not that you were upset, but that you were jarred into turning things around. You let the distress bring you to God, not drive you from him. The result was all gain, no loss. Distress that drives us to God does that. It turns us around. It gets us back in the way of salvation. We never regret that kind of pain. But those who let distress drive them away from God are full of regrets, end up on a deathbed of regrets.

2 Corinthians 7:8-10 The Message

Echoes in My Head – Dealing with Regret



Echoes in My Head – Dealing with Regret

LETTING GO

A 3D rendering of a compass with a green arrow pointing towards the text 'LETTING GO' on a circular scale. The compass is silver and has a green base. The scale is white with black markings. The text 'LETTING GO' is written in large, bold, green letters. The background is a light gray color.

1. What did I learn?

Echoes in My Head – Dealing with Regret

LETTING GO

A 3D rendering of a compass with a green arrow pointing towards the text 'LETTING GO' on a circular scale. The compass is silver and has a green base. The scale is white with black markings. The text 'LETTING GO' is written in large, bold, green letters. The background is a light gray with some faint, larger text like 'CONTROL' and 'COM' visible.

1. What did I learn?
2. How could it have been worse?

Echoes in My Head – Dealing with Regret

LETTING GO



1. What did I learn?
2. How could it have been worse?
3. Give an eviction notice.

Echoes in My Head – Dealing with Regret

LETTING GO



1. What did I learn?
2. How could it have been worse?
3. Give an eviction notice.
4. Activate the Yes!

Echoes in My Head – Dealing with Regret

LETTING GO

A compass rose with a green arrow pointing towards the top right, set against a background of a clock face with the words 'LETTING GO' in large green letters. The compass rose is silver and has a green center. The clock face is white with black markings and the words 'LETTING GO' are written in large, bold, green letters. The background is a light beige color.

1. What did I learn?
2. How could it have been worse?
3. Give an eviction notice.
4. Activate the Yes!
5. Play the movie.