



Life@3MPH

In Deep
Mark 6:30-34
Life@3MPH – Pt. 4



The apostles returned to Jesus from their ministry tour and told him all they had done and taught.

³¹ Then Jesus said, "Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to eat.

³² So they left by boat for a quiet place, where they could be alone.

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³³ But many people recognized them and saw them leaving, and people from many towns ran ahead along the shore and got there ahead of them.

³⁴ Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them because they were like sheep without a shepherd. So he began teaching them many things.



Compassion is difficult to foster in a life
consumed with over-activity



The 3 common influences that shepherd our lives?



The 3 common influences that shepherd our lives?

a. The culture around us



The 3 common influences that shepherd our lives?

- a. The culture around us
- b. The people closest to us



The 3 common influences that shepherd our lives?

- a. The culture around us
- b. The people closest to us
- c. The connections available to us



In Deep – The Jesus Life, a 3MPH Blueprint



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- a. Though busy, his life was filled with purpose and intent



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- a. Though busy, his life was filled with purpose and intent
- b. He was deeply moved by people's needs, not their desires



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- a. Though busy, his life was filled with purpose and intent
- b. He was deeply moved by people's needs, not their desires
- c. He viewed every interaction as eternal, not just temporal



In Deep – The Jesus Life, a 3MPH Blueprint

- a. Though busy, his life was filled with purpose and intent
- b. He was deeply moved by people's needs, not their desires
- c. He viewed every interaction as eternal, not just temporal
- d. His ministry focus was fueled by his moments of solitude